

# SugarBowl

DELICIOUSLY SWEET



## SIGNATURE COFFEE



### HOT

PEPPERMINT MOCHA	400
MATCHA LATTE	450
MOCHA	350 400

### COLD

<b>RED BLOOM</b>	450
<i>Apple, strawberry, mint, cold brew coffee</i>	
<b>TROPICAL ISLAND</b>	450
<i>Peach, vanilla, melon, cold brew coffee</i>	

## ICED COFFEE 400

**SELECT FLAVOUR:**  
*Iced Latte | Iced Americano | Iced Mocha*

<b>COLD BREW TONIC</b>	400
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## SPECIALITY COFFEE



SHORT | TALL

ESPRESSO	200 250
MACCHIATO	250 300
AMERICANO	250 300
CAPPUCCINO	300 350
LATTE	300 350
FLAT WHITE	250
CORTADO	320
SPANISH LATTE	400
VANILLA LATTE	300 350
LATTE MACCHIATO	300 350

## HAND BREW

<b>HOUSE COFFEE</b>	350
<b>HOT OR COLD</b>	



## FRAPPES 450

**SELECT FLAVOUR:**  
*Peppermint Mocha | Caramel*

## CHOCOLATE 350

**HOT CHOCOLATE**  
 WHITE OR BLACK

**Additional Flavours:** 100/- Vanilla, Caramel, Hazelnut

**Non-dairy options:** 100/- (Soy, Oat or Almond Milk)



# Tea Room



## TEA

- MASALA TEA 390
- KENYAN TEA 300
- MINT TEA 350
- LEMON TEA 350
- FRUIT TEA 390

*Apple, Ginger, Strawberry, Mint*

## ICED TEA

400

### SELECT FLAVOUR:

*Classic | Raspberry | Kiwi | Peach | Hibiscus*

## DAWA

350

*Served with honey*

### SELECT FLAVOUR:

**CLASSIC** - *Ginger / Turmeric & Lemon*

**BASIL** - *Ginger, Lemon & Basil*

**MINT** - *Ginger, Lemon & Mint*

## SPECIALITY TEA

BY MUTHAIGA TEA  
AFRICAN ARTISINAL TEA



### RESURRECTION D'AMOR (Green Tea)

*A blend of Kenyan green tea, Zimbabwean Resurrection leaf, lavender pellets, and dried cranberries. Immune-boosting with antioxidants.*

### AFRICAN EARL (Black Tea)

*A premium black tea from Meru, Kenya, blended with natural orange peel, passion fruit, and elderflower. Fit for African royalty.*

### COCO ZAMBARAU (Purple Tea)

*A healthy indulgence with purple looseleaf tea, African cacao nibs, and African coastal coconut. Rich in anthocyanins & antioxidants.*

### SWAHILI OOLONG

*Hand-rolled Oolong Tea from Mount Kilimanjaro, delicately blended with cinnamon, nutmeg, dried apple, and cloves. A perfect balance of mountain flavors & Zanzibar spices.*

### RICH PU'ER

*Aged Pu'er from Malawi, with a complex, smoky taste, hints of leather, and earthiness. Balanced with cardamom, dried papaya, & a touch of gold leaf.*

-   
Vegetarian
-   
Contains Nuts
-   
Spicy
-   
Contains Dairy

# Refreshments

## CLASSIC SMOOTHIES

600

### SELECT FLAVOUR:

- *Mango*
- *Strawberry*
- *Banana*

## SIGNATURE SMOOTHIES

700

### SELECT FLAVOUR:

- *Peanut butter, beetroot & banana*
- *Sweet melon, banana, yoghurt, granola, honey & mint*
- *Spinach, green apple, coriander, celery, mint & dates*
- *Mixed berries & yoghurt*
- *Tropical fruits*

## CLASSICS FRESH JUICES

ORANGE	600
PINEAPPLE & MINT	400
MANGO	400
PASSION	400
CLASSIC LEMONADE	500
STRAWBERRY LEMONADE	500

## SIGNATURE JUICES

600

### SELECT FLAVOUR:

- *Apple beetroot & carrot*
- *Tamarind*
- *Apple & Ginger*

REFRESH, RECHARGE & RE-ENERGIZE



## CLASSIC SHAKES

600

### SELECT FLAVOUR:

- *Premium Chocolate*
- *100% Vanilla*
- *Espresso*
- *Salted Caramel Pretzel*

## SIGNATURE SHAKES

650

### SELECT FLAVOUR:

- *Banana Peanut Foster*
- *Oreo*
- *Fruity*

## MOJITOS

600

### SELECT FLAVOUR:

- *Strawberry Mojito*
- *Raspberry Mojito*
- *Peach Mojito*
- *Limoncello*

## WATER

STILL WATER	200
SPARKLING WATER	230
SODA	250

# Baked Sweetness



CAKES, PASTRIES, PIES, GELATO

## DESSERTS

BLACK FOREST CAKE	600
RED VELVET	600
BLUEBERRY/RASPBERRY GATEAU	700
LEMON CAKE	600
SALTED CARAMEL CAKE	650
ÉCLAIR Chocolate   Vanilla	400
CHOCOLATE EGGLESS CAKE	600
CARROT TEA CAKE	550
CHOCO TRUFFLE (3pcs)	300
BANANA OAT CAKE	350
PASSION FOREST CAKE	600
NEW YORK CHEESE CAKE	700
BISCOFF CHEESECAKE	700
MANGO SWISS ROLL	500
TIRAMISU	600
CHOCOLATE BROWNIE Served with scoop of ice-cream	700

## PASTRIES

BUTTER CROISSANT	350
PAIN CHOCOLAT	370
ALMOND CROISSANT	390
CINNAMON SWIRL	370
CHERRY DANISH	320
CINNAMON ROLL (Sourdough)	420
SWEET MORNING ROLL	370
DONUTS	300
TEA SCONES	300

## PIES

CHICKEN PIE	450
MUSHROOM PIE 🌱	450

## GELATO

SCOOP OF FLAVOUR Chocolate, Vanilla, Picstacchio, Fragola, After 8 Mint, Mango	400
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 Vegetarian

 Contains Nuts

 Spicy

 Contains Dairy

# Breakfast



## LIGHT START

**TOAST & EGGS** 1000  
Two eggs cooked to your liking served with toasts butter and jam.

**GRANOLA BOWL** 1000  
Fresh yogurt served with granola seasonal fruits & honey.

**PANCAKES** 1400  
**THE CLASSIC** - Fluffy pancakes served with seasonal fruits and maple syrup.

**CHOCOLATE** - Chocolate fluffy pancake with Nutella and chocolate chips.

**CLASSIC FRENCH TOAST** 1400  
Fried butter bread served with mascarpone jam and seasonal fresh fruits  
**Ice-cream scoop** - 400/-

**OAT MORNING**  1000  
Mix oat with cooked in milk cinnamon sugar and Crunchy apples.

**AVO & TOAST** 1100  
Avocado served on cereal bread, choice of egg, baby spinach dressed with olive and balsamic vinegar.

## HOUSE SIGNATURE

**MEDITERRANEAN BREAKFAST** 1500  
Two eggs cooked in rich tomato sauce with Mediterranean spices served with white tahini Greek salad & bread basket.

**FARMER'S BREAKFAST** 1500  
Omelette with onions potatoes zucchini & parmesan served with cream cheese feta in olive oil & house salad served with freshly baked bread.

**ITALIAN BREAKFAST** 1600  
Burnt brioche served with pesto cream Mozzarella cheese tomato butter & poached egg to your liking served with side salad and fresh bread.

**ENGLISH BREAKFAST** 1500  
Two eggs cooked to your liking with sausage, baked beans, beef bacon, mushrooms, fresh grilled tomato, served with fresh fruit salad, fresh bread with jam and butter.

**Additional toppings:**  
Sausage 150, Egg 100, Beef Bacon 300, Baked Beans 300, Guacamole 100



**SOUP OF THE DAY** 700  
Served with bread basket.

## Lunch & Dinner



### STARTERS

- CHICKEN WINGS** 🍷 1300  
*10 pcs of chicken wings served with sweet chilli and sesame sauce.*
- CHICKEN SKEWERS** 1200  
*Chicken thigh skewers marinated in a Mediterranean spice mix.*
- BURRATA BRUSCHETTA** 🌿 1500  
*Sourdough bread mix cherry tomatoes with basil leaves in a sweet balsamic sauce topped with open burrata cheese sea salt and extra virgin olive oil.*
- CHIPS & SAUSAGE** 850  
*Served with mix spices parmesan and parsley (plain, spicy, masala).*
- SAMOSAS** 500
  - 🍖 BEEF** - Deep-fried beef samosas with a savory and spicy ground beef filling seasoned with ginger and garlic.
  - 🌿 VEGETABLE** - Deep-fried vegetable samosas filled with a potato and pea filling with a hint of spice and loads of aromatic flavours.
- SMOKED SALMON** 1300  
*Salmon smoked served with cream cheese toasts cherry tomatoes chilli and dill.*
- CHILLI PRAWNS** 🍷 1600  
*A sizzling combination of sauteed prawns cooked in a spicy garlic olive oil with chilli flakes, using only a handful of fresh ingredients for a huge amount of flavour.*



### SALADS

- CARPACHOLA** 1450  
*Beef fillet strips Artichokes rocket leaves lettuce cherry tomatoes pomegranate and onion in a honey mustard dressing.*
- CLASSIC GREEK SALAD** 🌿 1200  
*Lettuce tomato cucumber onions topped with feta cheese zaatar spice and olive oil.*
- CAESAR SALAD** 1400  
*Tossed salad of mixed lettuce, rocket leaves, artichokes, avocado, grilled chicken strips, parmesan cheese and croutons, mixed in Caesar dressing.*
- Without Chicken** 🌿 1200
- CHICKEN SALAD** 1400  
*Mexican style chicken mixed with rocket leaves tomato cucumber onion chilli sweet corn in a herbs vinaigrette*
- FRIED CHICKEN SALAD** 1400  
*Chicken breast coated with panko on a bed of mediterranean salad tomato cucumber olives onion & parsley in olive oil & lemon dressing*

**Additional toppings:**  
Chicken 300, Feta 200,  
Sweet corn 100, Garlic Bread 100

## Lunch & Dinner



### SANDWICHES & BURGERS

<b>BEEF SANDWICH</b>	1450	<b>BEEF BURGER</b>	1500
<i>Beef fillet fingers mix with onions and sweet peppers topped with lettuce and Guacamole served with chips.</i>		<i>Delicious and juicy beef burger made with only the freshest and finest ingredients of premium beef patty served with lettuce tomato onion cucumber pickled and chips.</i>	
<b>FETA SANDWICH</b> 	1300	<b>FRIED CHICKEN BURGER</b>	1500
<i>Salsa verde lettuce tomato cucumber and feta cheese topped with zattar spice and extra virgin olive oil.</i>		<i>Super crispy &amp; flaky fried chicken breast patty tossed in a chilli butter sauce in soft brioche bun topped with rocket leaves and coleslaw salad.</i>	
<b>CAPRESE SANDWICH</b>  	1300	<b>CHEESE BURGER</b>	1600
<i>Tomato Mozzarella and fresh basil leaves topped with olive oil and balsamic dressing.</i>		<i>Toasted sesame seed bun, wrapped around a perfectly seasoned, mouth-watering beef patty, topped with mozzarella cheese, caramelized onions and pickled cucumber.</i>	
<b>CHICKEN SANDWICH</b>	1450	<b>VEG BURGER</b> 	1200
<i>Chicken strips marinated in a sweet chilli mix tossed with fried onion chilli and pepper topped with lettuce and avocado.</i>		<i>Hearty vegetable patty of mushrooms and lentil served with aioli lettuce tomato cucumber pickled and onion rings.</i>	

#### Additional toppings:

Avocado 100, Mozzarella 300, Jalapeno 100, Beef bacon 300 Caramelized onions 100, Fried egg 100



Vegetarian



Contains Nuts



Spicy



Contains Dairy

## Lunch & Dinner



### HOUSE SPECIALS

**Choose accompaniment:** Mexican rice, lemon rice, vegetable rice, fries and mashed potatoes

<p><b>GRILLED FISH FILLET</b>  1800 12 hour marinated fish fillet grilled to perfection served with sweet potato, fresh butter lemon &amp; almond sauce &amp; asparagus.</p>	<p><b>GREEK STYLE LAMB CHOPS</b> 2000 Marinated lamb chops grilled to perfection served with spicy labneh and roasted Butternut topped with chilli chimichurri.</p>
<p><b>CRUNCHY CHICKEN (SCHNITZEL)</b> 1600 Fried Chicken breast coated in bread crumbs and cornflakes mix spices served with creamy potatoes lemon &amp; parsley.</p>	<p><b>SMOKED SPRING CHICKEN</b> 1800 Half chicken smoked in spices and cooked for 3 hours served with sweet potatoes fries and aioli.</p>
<p><b>PEPPER STEAK</b> 1900 Grilled savory beef tenderloin, sealed with its own peppery garlic juices and served with a delicate creamy pepper sauce and mashed potato/rice.</p>	<p><b>FISH &amp; CHIPS TEMPURA</b> 1400 Fried fish in Tempura mix served with chips and tartar sauce.</p>
<p><b>CHICKEN SHAWARMA</b> 1600 chicken stripes Marinated with our unique SHAWARMA spice served on Arabic bread with tahini, aioli sauce and parsley. Served with fries.</p>	<p><b>MUSHROOM BEEF STEAK</b> 2000 Seared steak and mushrooms in a tangy cream sauce that's loaded with flavour and served with vegetable rice</p>
<p><b>SMOKED BEEF RIBS</b> 2000 5 hours smoked beef ribs till tender and soft to perfection served with sweet potato fries &amp; jalapeño aioli.</p>	<p><b>GRILLED CHICKEN BREAST</b> 1700 Moist, tender chicken breasts grilled to perfection and served with mashed potatoes and a side of steamed vegetables</p>
<p><b>SINGAPOREAN CHICKEN CURRY</b> 1700 Chicken thighs cooked in amazing curry sauce with aroma of fresh herbs served with rice and fresh marinated.</p>	<p><b>CARIBBEAN CHICKEN</b> 1800 Savory marinade chicken drumsticks served with pineapple salsa and mexican rice</p>
<p><b>VEGETABLE CURRY</b>  1300 A mixed Vegetable Curry that packs a flavour punch, is loaded with veggies including mushrooms, zucchini and carrots. Served with lemon rice.</p>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>Additional toppings:</b> Beef ribs 600, Fish 500, Chicken 300</p> </div>

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# Lunch & Dinner

## PASTA

**CLASSIC ARRABIATA** 1400  
*Penne pasta tossed in chilli garlic basil and parsley in a rich spicy tomato sauce.*

**Add chicken - 300/-**

**PENNE PESTO** 1400  
*Penne pasta in a rice pesto and cream sauce served with parmesan.*

**Add chicken - 300/-**

**CHICKEN AGLIOLIO** 1600  
*Linguine pasta with garlic herbs and chicken stripes in olive oil and lemon zest sauce*

**CREAMY WHITE SAUCE** 1400  
*Penne pasta in a rich cream sauce served with parmesan and fresh basil leaves*

**CHICKEN ALFREDO** 1800  
*Linguine pasta drenched in an ultra-rich and creamy sauce, topped with juicy strips of grilled chicken.*

**SEA FOOD PASTA** 2200  
*Prawns and calamari Linguine sautéed in butter sage and cream sauce served with parmesan*

**Additional toppings:**  
*Olives 100, Prawns 400, Spinach 100,  
 Chicken 300*



## PIZZA

**MARGHERITA** 1300  
*Topped with tomato sauce, mozzarella, and basil.*

**MEXICANA** 1500  
*Topped with mozzarella cheese, pomodoro sauce, mixed peppers, sweet corn, jalapeno, sauteed beef and coriander.*

**FRENCH BLUE CHEESE** 1500  
*A rich and savory blend of Mozzarella, rocket leaves, caramelized onions, beef bacon and blue cheese.*

**CHICKEN CHEESE** 1500  
*Pomodoro sauce, topped with mozzarella cheese, chicken cubes and red onion rings.*

**CAPRESSA** 1400  
*A blend of fresh mozzarella and freshly sliced tomatoes with basil and pesto sauce.*

## KIDS CORNER

**CHICKEN NUGGETS** 1000  
*Fried chicken stripes served with chips Ketchup and aioli sauce.*

**FISH FINGERS** 1000  
*Fried fish stripes served with chips vegetables Ketchup and mayonnaise.*

**HAWAIIAN PIZZA** 1000  
*A crunchy/crisp crust topped with tomato sauce and pineapple, and mozzarella cheese.*

**POMODORO PASTA** 1000  
*Penne pasta cooked in rich tomato sauce served with bread and parmesan cheese.*